



Sweet 'n Spicy Carrot Juice!

Apple & carrot makes it sweet...ginger & celery makes it spicy.
A perfect combination that's delicious & nutritious!

- from Denise's Kitchen

Ingredients:

- 1 large organic apple, cut up
- 4 organic celery stalks
- 3-4 organic carrots, unpeeled
- 3 inch piece of ginger, unpeeled

Directions:

Easy! Just flip the switch & toss these ingredients into your juicer. It makes 15-20 ounces of incredible tasting juice that's "alive" with nutrients!