

Strawberry Spinach Salad
- from Denise's Kitchen

Ingredients:

7 cups of fresh organic spinach leaves

2 cups of freshly sliced organic strawberries

1/2 cup of sliced honey-roasted almonds (Any other sweetened nut topping is fine. You may find a variety in your produce dept.)

2 tbsp of organic apple cider vinegar

2 tbsp of organic honey

3 tsp of organic sugar

Directions:

Combine the spinach, strawberries and nuts in a large bowl. In a jar with a tight lid, combine the vinegar, honey and sugar. Shake well, then pour over the salad <u>just before serving</u>. Your spinach will wilt if you pour it too far in advance! Toss several times until well coated. Although your dressing seems minimal, it will go a long way. Your salad will be sweet and flavorful...a yummy alternative to the traditional salad.

This recipe will provide 2 to 3 dinner-sized salads or perhaps 5 side salads. Try it - you'll love it!