



## **HEALTHY Potato Salad!**

*- from Denise's Kitchen*

No mayo, no eggs...just the GOOD STUFF! (And my mother-in-law says it's the best potato salad she's ever eaten! Now, that's an endorsement!)

### **Ingredients:**

8 organic red potatoes  
1/4 cup freshly squeezed organic lemon juice  
3 tbsp light tasting oil (I use grape seed.)  
1/2 tsp sea salt  
1/4 tsp black pepper  
4 organic scallions, sliced  
1/4 cup freshly chopped organic mint leaves

### **Directions:**

Cut the potatoes into large bite-size pieces (skin on). Steam them for 15-20 minutes until somewhat firm (NOT mushy!). Drain & rinse the potatoes with cold water, letting them cool for about 20 minutes. Whisk together in a small bowl the fresh lemon juice, oil, salt & pepper. Pour this over the potatoes, add the scallions & fresh mint and toss gently. You'll be "WOWed" by the flavor of this salad...it's so good, you may have to double the recipe!

Hint: This salad tastes best the same day it's made.