



Apple Pecan Salad with Orange Dressing

- a simple side salad full of crunchy goodness!

- *from Denise's Kitchen*

Ingredients:

1 large organic celery stalk, diced

1/2 cup of organic pecan pieces

Organic raisins (I added these for additional sweetness the 2nd time I made this.)

3 small handfuls of fresh organic salad greens (Romaine offers a nice crispiness.)

Juice of 2 organic navel oranges (or other)

1 tbsp of light tasting oil

Directions:

Combine the freshly squeezed orange juice with the tbsp of oil in a jar with a lid. Shake to mix well & set aside. Arrange your salad greens in 3 individual salad bowls. Chop up your apple & celery to put on top of the greens, then add your pecan pieces & raisins. Pour the orange juice mixture over each individual salad, making sure to coat all of the salad ingredients. Enjoy the simple flavors of this healthful & satisfying salad!